



Simpkins Family Swim Center

2023 Lap Pool Hours May 1 – June 3

50m Lap Pool temperature 78F. 25yd lap lanes ~ 70 laps per mile.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am to 7:30pm	8:30am to 7:30pm	6am to 7:30pm	8:30am to 7:30pm	6am to 7:30pm	9 am to 4 pm	9 am to 1pm

“Lap Swimming” is any continuous movement through the water: walking, jogging, or swimming.
 All lap lanes are shared spaces: Circle-Swimming is required of all whenever 3 or more swimmers are in a lane.
 Maximum of 5 swimmers per lane.

Youth Lap swimmers (under age 13) must be accompanied by an adult and be able to swim 25yds.

Pool Admission Fees and Memberships

Admission is required of all individuals entering the facility.

For daily drop-in fees and multi-entry packages, see the reverse side of this paper schedule,

Or if viewing this pdf online [click here](#)

Water Aerobics Class Schedule

A [monthly workout calendar](#) with any changes to this weekly schedule is available on our website.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No class	Erin 12pm-1pm	Karissa 12pm-1pm Camile 6pm-7pm	Erin 12pm-1pm	Camile 12pm-1pm	Jay 12pm-1pm	Neli 9:15- 10:15am (shallow)

Adult Fitness Workout Schedule

A [monthly workout calendar](#) with any changes to this weekly schedule is available on our website.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No class	6am-7:15am Mike 12pm – 1:30pm Coach TBD	No class	6am-7:15am Mike 12pm – 1:30pm Coach TBD	No class	6am-7:15am Mike 12pm – 1:30pm Coach TBD	9am-10:15am Mike

Pool Schedule is subject to change. To be notified of schedule changes or closures, please check that we have your current email on file- Visit us online at www.scparks.com Email us at Swimcenter@scparcs.com