



Simpkins Family Swim Center Lap Pool Schedule

Revised Winter Lap Pool Hours as of Nov.26th, 2022

POOL CLOSURES ARE DUE TO LACK OF AVAILABLE STAFF

Mon/Wed/Fri hours	Monday 6am-7:30pm	Tuesday Pools Closed	Wednesday 6am-7:30pm	Thursday Pools Closed	Friday 6am-7:30pm
<u>6am-7:30pm</u>	9 Lanes open	*Pool Closed*	9 Lanes open	*Pool Closed*	9 Lanes open

Weekend Hours	Saturday 9am-4pm	Sunday <u>Pool Closed</u>
9am-10:30am	7 Lanes	*Pool Closed*
10:30am-1pm	9 Lanes	*Pool Closed*
1pm-4pm	7 lanes	*Pool Closed*

Water Aerobics Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No class	Erin 12pm-1pm	No class	Erin 12pm-1pm	No class	Jay 12pm-1pm	Neli 9:15am-10:15am (shallow)

Adult Fitness Workout Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No class	QSS Coach* 12pm – 1:30pm	No class	QSS Coach* 12pm – 1:30pm	No class	QSS Coach* 12pm – 1:30pm	No class

Quicksilver Masters Swim Team coaches will lead workouts every M/W/F from 12pm-1:30pm

As Pool Schedule is subject to change, To be notified of schedule changes and/or closures, please check that we have your current email on file- Visit us online at www.scparks.com Email us at Swimcenter@scparcs.com