



Adult Fitness Swim January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9am Laurie	2 6am Kim 12pm Kim	3 6am Kim 12pm Kim	4 9am Kim
5 9am Mike	6 6am Laurie 12pm Laurie	7 6am Kim 12pm Kim	8 6am Laurie 12pm Kristen	9 6am Kim 12pm Kim	10 6am Kim 12pm Kim	11 9am Kim
12 9am Mike	13 6am Laurie 12pm Laurie	14 6am Kim 12pm Kim	15 6am Laurie 12pm Kristen	16 6am Kim 12pm Kim	17 6am Kim 12pm Kim	18 9am Kim
19 9am Laurie	20 6am Laurie 12pm Laurie	21 6am Kim 12pm Kim	22 6am Laurie 12pm Kristen	23 6am Kim 12pm Kim	24 6am Kim 12pm Kim	25 7am Mike
26 9am Mike	27 6am Laurie 12pm Laurie	28 6am Kim 12pm Kim	29 6am Laurie 12pm Kim	30 6am Kim 12pm Kim	31 6am Kim 12pm Kim	

Moderate Monday	Moderate Freestyle	6:00am – 7:30am	12:00pm – 1:30pm
Terrific Tuesday	Speed Freestyle	6:00am – 7:30am	12:00pm – 1:30pm
Big Wednesday	Distance Free	6:00am – 7:30am	12:00pm – 1:30pm
Just Do It Thursday	Freestyle/Stroke/IM	6:00am – 7:30am	12:00pm – 1:30pm
Aloha Friday	Drills/Easy	6:00am – 7:30am	12:00pm – 1:30pm
Super Saturday	Freestyle/Stroke/IM	9:00am – 10:30am	
Speedy Sunday	Short Speed Sets	9:00am – 10:30am	



Simpkins Family Swim Center

979 17th Avenue
Santa Cruz, CA 95062
(831) 454-7960

Adult Fitness Entry Fees

Single Entry	\$8.00
10-Entry Pass*	\$72.00
50-Entry Pass *	\$340.00

10-Entry Passes expire 1 year from date of purchase

50-Entry Passes expire 6 months from date of purchase

For more information, to receive the Adult Fitness calendar via email/receive pool closure notifications contact Kim at:

Beachglass4me@gmail.com
or 831-212-9155