



Simpkins Family Swim Center
 One of Your Santa Cruz County
 Parks Facilities!

Lap Pool Hours

June 10th through August 20th, 2017

| Program Name | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|----------------------|-------------------|-------------------|-------------------|-------------------|-------------------|---------------------|
| Lap Swim Age 13 and over Ages 7-12 years old must be accompanied by an adult and must be able to swim 25 yards without stopping. | 6:00 am – 7:30 pm | 6:00 am – 7:30 pm | 6:00 am – 7:30 pm | 6:00 am – 7:30 pm | 6:00 am – 7:30 pm | 9:00 am – 4:00 pm | 9:00 am – 4:00 pm |
| Adult Fitness | See Monthly Calendar | | | | | | |
| Water Aerobics | See Monthly Calendar | | | | | | |
| Water Polo Co-ed drop in – Age 13 and over | | | | | | | 10:30 am - 12:30 pm |

Pool schedule is subject to change

Tuesday July 4th
ALL pools are open 6AM – 7:30PM
 (regular entry fee 6AM – 12PM & 4PM-7:30PM)
Free Admission During
Recreation Swim 12PM-4PM
 (including BBQ, Wibit, Tubes, Water Slide & Climbing Wall)

All individuals entering the facility must pay an admission fee

Non-Swimmers need to be within arms reach of an adult at all times
 Children 8 and under must be accompanied by an adult at all times
 25 yard Lap Pool ~ 1760 yards = 1 mile ~70.4 lengths = 1 mile
Visit us online at www.scparks.com
 Front Desk at Simpkins Family Swim Center 454-7960

Adult Fitness, Water Aerobics and Arthritis Foundation Classes: See monthly calendar for workout and coach schedule
Forever Fit! Gentle Strength Training for Seniors: Tuesday ~ 11am to 12pm ~ in the Live Oak Community Room ~ \$7